

# 略析早期禪林清規的承繼與變更： 以《禪門規式》與《禪苑清規》的比較 為中心

陽珺

## 摘要

百丈懷海所著之《禪門規式》是禪林清規的開山之作，慈覺宗贊編撰的《禪苑清規》則是現存最早的清規文本。本文主要通過對《禪門規式》殘篇(《禪門規式序》)和《禪苑清規》的比較研究，最大限度釐清並分析了《禪苑清規》對《禪門規式》的繼承問題，在此基礎上進一步分析了後續清規在相關問題上的延續與變更。

關鍵詞：清規、中國佛教、禪門規式、禪苑清規

---

陽珺，中國人民大學佛教與宗教學理論研究所博士。

# Maintain or Abandon: A Brief Analysis of the Early Chinese Buddhist Monastic Codes (*Qinggui*)

Yang Jun

## Abstract

*Chanmen Guishi* written by the Zen-master Baizhang-huaihai is the Pioneering Work of Chinese Buddhist Monastic Code (*Qinggui*), and *Chanyuan Qinggui* compiled by the Zen-master Cijue-zongze is the earliest extant one. Through the comparative study of the *Chanmen guishi*'s remnant and the *Chanyuan Qinggui*, this paper attempts to clarify the true inheritance relationship between *Chanmen Guishi* and *Chanyuan Qinggui*. Based on that, this paper further analyzes the succession and abandonment of the Pioneering Work in the following Buddhist Monastic Code (*Qinggui*).

**Keywords:** Buddhist Monastic Code (*Qinggui*), Chinese Buddhism, *Chanmen Guishi*, *Chanyuan Qinggui*

---

**Yang Jun** is a doctoral candidate at Institute for Study of Buddhism and Religious Theory of Renmin University of China.