

## 念佛法門：漢傳佛教淨土宗的修行觀與實修例舉

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### 摘 要

念佛法門是漢傳佛教淨土宗的實修法門。從中國淨土宗始祖慧遠法師到十三祖印光法師，經過曆代淨土宗高僧大德的無數實修與不斷總結，已經形成了系統的念佛法門的修行觀。本文對此進行回顧總結，並結合古今高僧大德的念佛實修進行例舉，以求舉一反三的功效，亦證念佛法門在跨宗教修行理論與實踐方法的宏大論題中，既有不可忽視的獨特性，也具知行合一的普泛性。

**關鍵詞：**念佛法門、慧遠、蓮池、印光、黃益泉

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## **Chanting Amitabha: The Practice View and Examples of Pure Land School in Han Buddhism**

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### **Abstract**

Chanting Amitabha is the practice of Pure Land School. From master Huiyuan, the first ancestor of Chinese Pure Land School, to master Yinguang, the 13th ancestor of Pure Land School, a systematic view of chanting Amitabha practice has been formed. This paper examines the practice of chanting Amitabha taught by the ancient and modern eminent monks and lay Buddhists that the chanting Amitabha is both unique and universal in unity of knowledge and practice.

**Keywords:** Chanting Amitabha, Huiyuan, Lianchi, Yinguang, Huang Yiquan