

佛法與書法的融合及「禪意書法」 在當代的發展

姚洪磊

摘 要

通過詞源學的論證，本文認為「書法」概念本身就是佛法運化的產物，或謂內涵於佛法之中。北宋時期，黃庭堅「引禪入書」，以禪法照入書法；釋惠洪大力宣揚，視筆墨為佛事，「文字禪」蔚然成風，禪宗佛法與書法藝術實現了高度契合。時至當代，禪宗再與書法緊密結合，時人沿承「文字禪」餘緒，提出「書法禪」的概念，致力探索禪法與書法的融合與發展。一些僧眾「引書入禪」的同時，一些書法家「引禪入書」，在方法論上借鑒黃庭堅等人，在實踐層面參照弘一法師等人，積極探索著「禪意書法」藝術的種種可能。

關鍵詞：佛法、書法、融合、禪意書法

The Convergence of Buddha Dharma and Calligraphy with the Contemporary Development of Zen Calligraphy

Yao Honglei

Abstract

As through the argumentation of etymology, this paper recognizes that the concept of calligraphy is the outcomes of the movements according to Buddha dharma itself, or is said to be embedded in Buddha dharma. During the Northern Song era, Huáng Tíng Jiān introduced Zen into calligraphy, that is, the Zen dharma is conversed in calligraphy; Shi Huì Hóng was propagated it vigorously and recognized Pen and Ink as matters of Buddha. Therefore, the “Text Zen” had become a fashion, and the alignment of the Zen Buddhism and the calligraphy arts have been achieved highly. In modern times, Zen Buddhism and calligraphy combine closely again. People inherit the descendant of the “Text Zen” and proposed the concept of “Calligraphy Zen”. In order to explore the convergence and development of Zen dharma and calligraphy. Some monks introduce calligraphy into Zen, but the other calligraphers contrary to introducing Zen into calligraphy. All the methodology was introduced by Huáng Tíng Jiān *et al.* In practice, people reference to master Hong-yi *et al.* People explore the possibilities of the Zen calligraphy arts actively.

Keywords: Buddha dharma, Calligraphy, Convergence, Zen calligraphy